

## Fall Protection End User Training (FPEU)

## DATE:

Open enrollment classes are available on an ongoing basis.

#### Please visit

www.hazmasters.com/Safety-Training-BC to view the current training schedule.

## TIME: <u>8:00 am to 4</u>:30 pm

## **LOCATION:**

HazmastersED Training Centre 575 Hillside Avenue Victoria, BC V8T 1Y8

# Refreshments and lunch are included.

To register, or for more information, e-mail us at: safetyedpays@hazmasters.com



Receive 1 IICRC CEC credit for attending this course!

Receive 0.6 EOCP CEU's for attending this course!



Our fall protection training courses are designed with the objective of creating safer work environments. Classes include technical knowledge along with hands-on practical exercises where students practice what they have learned. This ensures they leave with the skills they will need to do their job safely.

Classes have a **12 to 1 student to instructor ratio**. This allows for increased practical hands-on training time which results in a better trained, safer worker on the job.

The **Fall Protection End User Training (FPEU)** course is designed and intended for workers who are required to work at elevation to perform their assigned tasks. This is an 8 hour course that includes theory and practical training; no rescue applications are covered. Upon successful completion of this course, participants will receive a certificate for an end user of fall protection only.



# Hazmasters is proud to be an NCSO<sup>™</sup> approved provider for fall protection training!

For more information about the NCSO<sup>™</sup> designation, please visit the BC Construction Safety Alliance's website:

https://www.bccsa.ca/National-Construction-Safety-Officer-Designation.html

## **Course Outline**

*Prerequisite: Must be physically fit Course duration: 1 day (8 hours)* 

### **TOPICS COVERED**

- Relevant legislation, regulations, CSA standards and industry best practices
- Fall protection procedures and plans
- Four key elements of fall protection
- Fall restraint versus fall arrest
- Fall protection system design and selection considerations
  - Vertical, horizontal, combination
- Clearance requirements
- Impact and static forces
- Energy absorbing devices • Personal, system
- Anchorage requirements
  Vertical, horizontal, swing falls
- Connecting means
  - Lanyards, self-retracting devices, carabiners, personal energy absorbers
- Body holding devices
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  - Full body harness types, uses, etc.

### **PRACTICAL EXERCISES**

- Completion of a fall protection plan
- Full body harnesses untangling, donning, adjusting, inspection
- Fall protection practical use
  Vertical, horizontal and combination systems
- Ladder climbing techniques
- Fall protection equipment inspections and logging of inspection requirements
- Fall protection equipment care and storage

### **TRAINEE QUALIFICATION**

• Evaluation and determination of the trainee's knowledge retention by means of both a written test for the theory portion of the course and a proficiency checklist for the practical portion

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## **Branches across Canada**

## 877.747.7117